

Hays Academy of Hair Design

Course Outline

Course Title: Cosmetology

Text: Alpert, Arlene. Milady's Standard Textbook of Cosmetology.
Milady Publishing Company. Clifton Park, New York: 2016.

Nuts and Bolts Business Training Materials

Course Description

The Cosmetology Course is a 1500-hour program that is normally completed during a twelve-month session during which the students attend eight hours a day, four days per week. Part time students would be those needing to attend classes less than four days per week.

During the 1500-hour course, the student will study the basic principles of cosmetology that include a basic understanding of the hair, skin, and the products used for their care.

Course Objectives

At the completion of this course, the student will have demonstrated the abilities required to pass the Kansas State Board of Cosmetology examination and the ability to:

1. The student will be able to demonstrate the correct practice of sanitation in the salon, explain the use of the wet and dry sanitizers, the use of alcohol for sanitation, identify the commonly used disinfectants and antiseptics used in the salon, and recite the fundamental rules of first aid.
2. The student will demonstrate the proper method of draping, brushing, scalp manipulation, shampooing, and application of conditioning rinses. The student will be given a time limit of ten minutes and will be evaluated.
3. The student will demonstrate a haircut using either scissors or a razor. An instructor will evaluate the haircut for accuracy. A 30-minute time limit for the haircut will be set.
4. The student will demonstrate the ability to style a client's hair according to the client's wishes, needs, and physical features. The instructor will evaluate the results. There will be a 30-minute time limit for the process.

5. The student will demonstrate a fingerwave, skip wave, six roller curls, and two pincurl shapings that will be evaluated by the instructor. The time limit for this process will be 30 minutes.
6. The student will demonstrate a nine-section perm wrap on a mannequin, rolling six rods in one section. The instructor will evaluate the results. The time limit for this process will be 15 minutes.
7. The student will demonstrate the application of chemical hair relaxing products on a mannequin. The student will be given 10 minutes to complete the process and will be evaluated by an instructor.
8. The student will demonstrate the procedure for a plain facial including draping, application of facial manipulation, and sanitation. The student will be allowed 20 minutes to complete the facial and will be evaluated.
9. The student will demonstrate hair coloring including a virgin tint or bleach, or a retouch tint or bleach. Sectioning, application, and sanitary and safety procedures will be evaluated by an instructor. There will be 5 minutes allowed for this procedure.
10. The student will demonstrate a plain manicure on three fingers. Evaluation will be on arrangement of implements and supplies, shaping, cuticle treatment, polish application, hand and arm massage, and safety and sanitation procedures. An instructor will evaluate the student. This process will be allotted 20 minutes.

Hours in Cosmetology Curriculum

	<u>Min. hrs.</u>	<u>Hours</u>
<u>Scientific Concepts</u>		
(a) Sanitation		40
(b) Hair and scalp		35
(c) Skin		20
(d) Nails		20
<u>Physical Services</u>		
(a) Shampoos and rinses		35
(b) Scalp and hair care		35
(c) Facials and make-up.....		150
(d) Manicuring		90
(e) Artificial nails		90
<u>Chemical Services</u>		
(a) Hair coloring 25		87
(b) Hair lightening 25		88
(c) Chemical waving 25		150
(d) Chemical hair relaxing 25		125
<u>Hair designing</u>		
(a) Hair shaping		150
Razor 25		
Scissors 25		
(b) Hair styling		125
Complete pincurl sets 25		
Complete pincurl & wave 25		
Complete roller sets 50		
Complete comb-out 50		
(c) Thermal techniques		75
Curling iron sets 50		
Blow dry styling 50		
(d) Care and styling of hair pieces		10
<u>Business practices</u>		75
<u>State law</u>		50
<u>Student specific needs</u>		50
Total hours		1500

Instructional Methods

The clock hour education is provided through a sequential set of learning steps which address specific tasks necessary for state board preparation, graduation and job entry level skills. Clinic equipment, implements and products are comparable to those used in the industry. Each student will receive instruction that relates to the performance of useful, creative and productive career oriented activities. The course is presented through comprehensive lesson plans which reflect effective educational methods. Subjects are presented by means of interactive lecture, demonstration, cooperative learning, labs, student salon activities and student participation. Audio visual aids, guest speakers, field trips, projects, activities and other related learning methods are used in the course.

Grading Procedure

Students are assigned theory study according to the scheduled theory class. Theory achievement is evaluated through oral review followed by a written examination for which they receive a numeric grade at the close of study for each unit. They are also made aware of practical experiences that must be performed to achieve graduation requirements. Practical assignments are evaluated as completed and counted toward course completion. Practical skills are evaluated according to the criteria established by the institution (the institution criteria was designed and established in accordance with Kansas State Board of Cosmetology Regulations). Numerical grades are considered according to the following scale:

Excellent	100-93%
Very Good	92-85%
Satisfactory	84-75%
Unsatisfactory	74% & below